

The A Level Mindset

Why do some pupils underperform?



Issues emerging in struggling students

- **Passivity**
- **The locus of control lies with the organisation not the individual**
- **Infantilisation: sense of them vs us**
- **Lack of tools and strategies for self-regulation**
- **Issues around proactive problem-solving**
- **Little experience of long-term project management**

What are the characteristics of high-performing students?





VESPA: The A Level Mindset

Being a Successful A Level Student



Vision



Effort



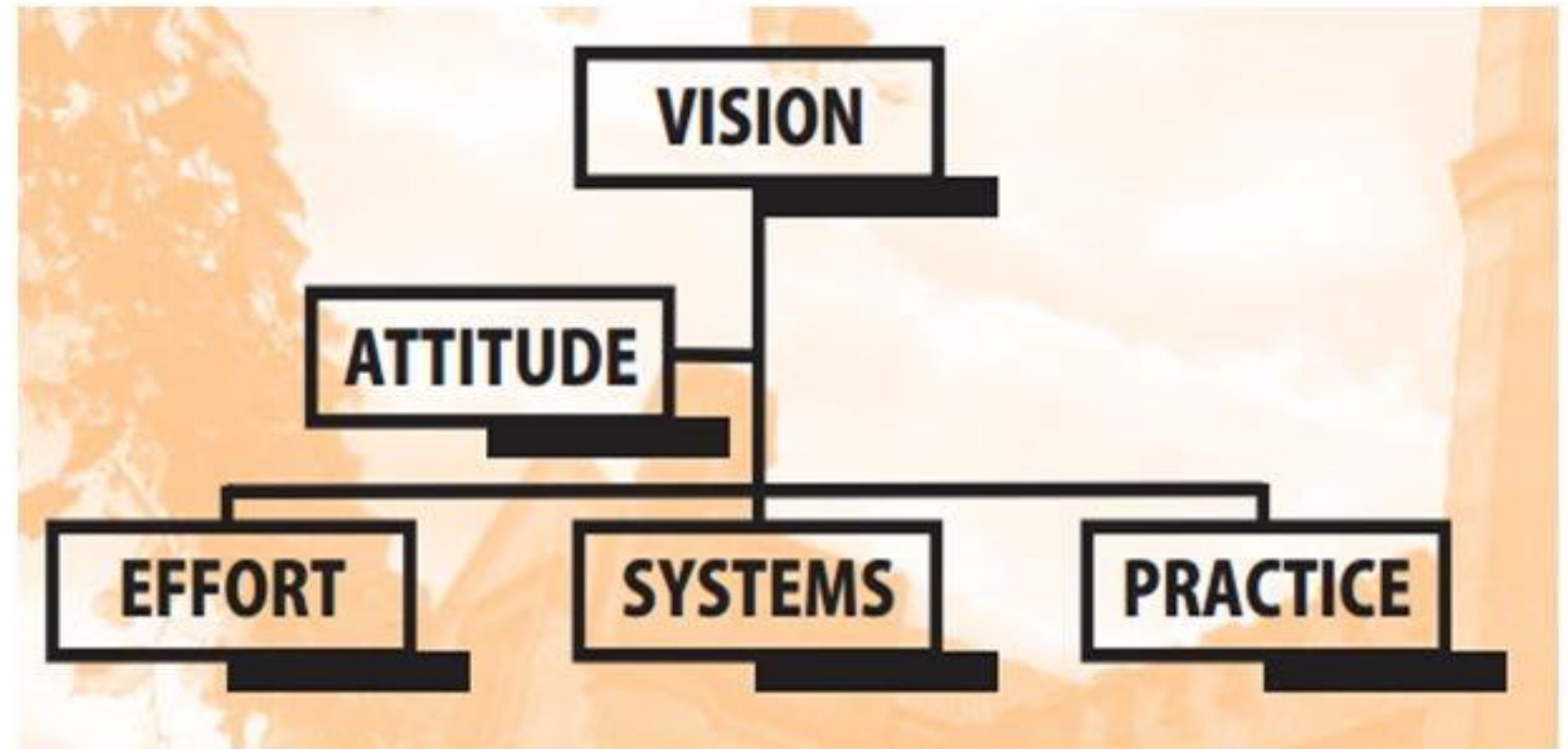
Systems



Practice



Attitude



Vision



Do you know what you want to achieve?

Do you know what you want to do after Sixth Form?

Do you have a clear actionable plan for this?

Will you stick to it if you encounter set backs?

Effort



How many hours of proactive independent study do you do?

There is a clear link between this and exam success.

Top students = 20+ hours of independent study per week.



This links to your time management and organisation.

Do you have clear systems for these two things in place?

Do you plan your time?

Will you plan the use of your study periods before a day starts?

Do you know how to organise your folder?

Do you have a system to track your learning and progress?

Ppractice

This is about how you study rather than how much (effort).

What are you doing to learn content?

Active vs passive learning

How do you revise?

How are you getting practice of key exam skills?

Are you seeking out feedback and acting on feedback received?

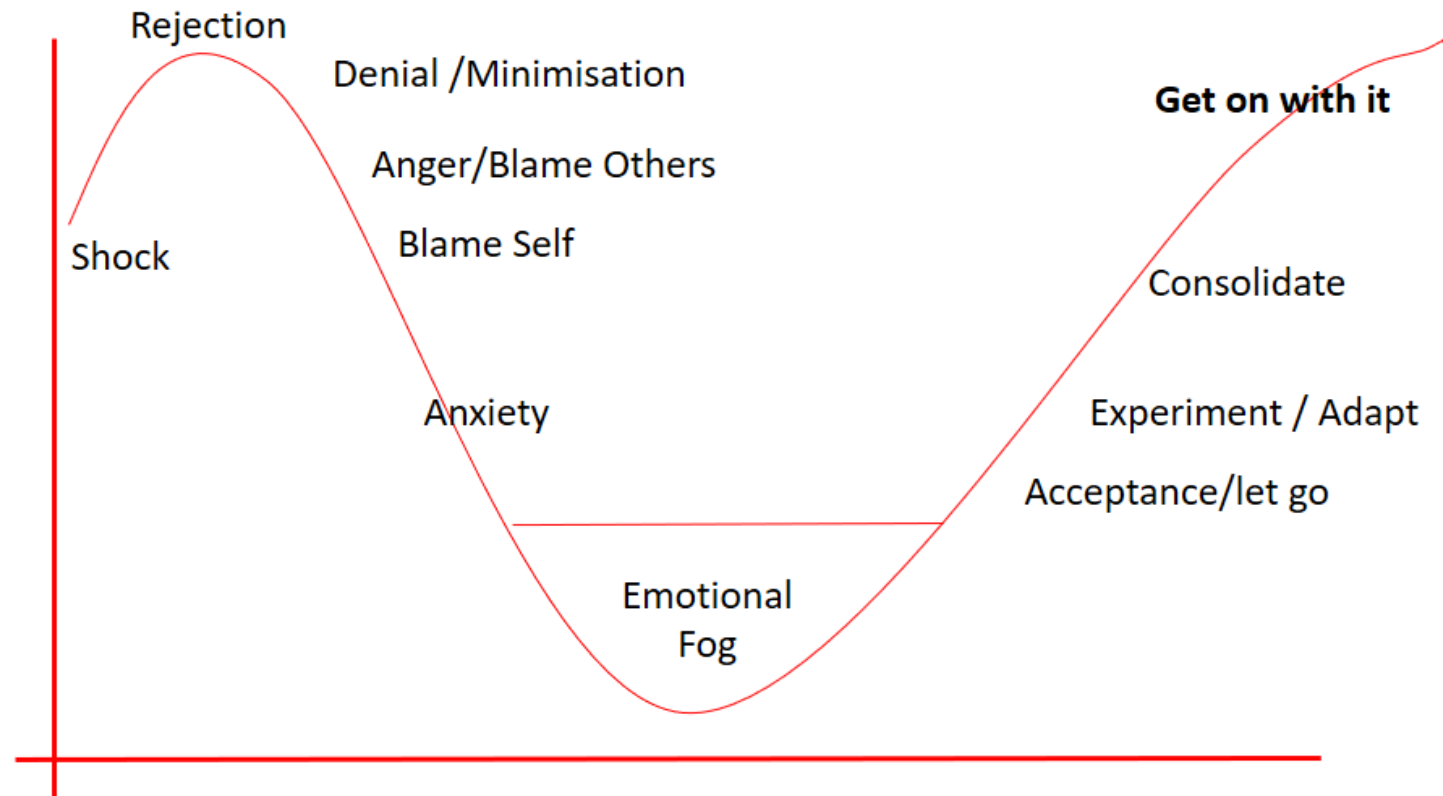
Attitude 👍

How positive are you?

How do you cope with setbacks and challenges?

Are you resilient?

The Change Curve



<https://www.vespamindset.com/>



The screenshot shows a web browser displaying the homepage of VESPA MINDSET. The browser's address bar shows the URL [vespamindset.com](https://www.vespamindset.com/). The website has a dark blue header with the logo "VESPA MINDSET" on the left and a navigation menu with links: HOME, ABOUT, BOOKS, RESOURCES, PSYCHOMETRIC, RESEARCH, STAFF TRAINING, EVENTS, and CONTACT. A shopping cart icon is visible on the right side of the header. The main content area features a large, colorful background image of a group of people. In the center, there is a logo for "er a" (with "er" in a red box and "a" in a green box) and the text "2019 FINALIST" below it. To the right of this logo, the words "VESPA MINDSET" are written in large, bold, white letters. Below the main title, the tagline "Helping students be the best they can be" is written in a red, italicized font. At the bottom of the page, there is a dark blue footer containing the text "VESPA MINDSET 2019" and the contact information "enquiries@vespamindset.com / Privacy Policy / Terms of use".