

The Hemel Hempstead School

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Letter 139

19th March 2019

Dear Parent/Carer

Firstly, I would like to congratulate your son on the fantastic achievement of making the County Trophy Rugby finals next Wednesday 27th March.

There will be two finals on that night which The Hemel Hempstead School have reached. Below are the RFU guidelines on the amount of minutes players are allowed to play in one day;

15.11 Duration of Matches, Coaching and Training Sessions

15.11.1 All players, match officials, schools and clubs must ensure that no player plays more than 35 matches per Season and in respect of all matches and festivals, plays no more than the maximum playing times set out in the table below:

AGE GRADE	MAXIMUM EACH HALF	MINUTES	MAXIMUM MINUTES PER DAY
U7s & U8s	10		50
U9s & U10s	15		60
U11s & U12s	20		70
U13s & U14s	25		80
U15s	30		90
U16s and above	35		90

We would like the option to select your son to play in both matches, but only playing a maximum of 80 mins (U14s) that night, as per the guidance of the RFU.

Please reply to this by email to give permission for your son to play in both matches to a maximum of 80 minutes of playing time.

Yours sincerely,

Mr T Colquhoun & Mr G Andrews
PE Faculty

