

The Hemel Hempstead School

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Letter 22

21st September 2018

Dear Parent/Carer

Year 12 PACE Sessions

I am writing to you to provide details of our Personal and Citizenship (PACE) programme in Year 12. PACE sessions are delivered on a Wednesday morning in morning registration. On weeks where a guest speaker is coming in to deliver a session, PACE will switch to a Monday morning and run into period one (as all students in Year 12 have study periods at this time).

This year we will cover six topics:

- Safe driving
- Drugs and alcohol
- Your next steps after Sixth Form
- Sexual health
- Mental health
- Personal education

Please find below a list of topics and the dates on which they will be covered (this may be subject to small changes during the school year). If there are any sessions that you feel your son/daughter may need to be excused from for personal reasons, please let me know in the week prior to the session taking place.

| Week Beginning | Topic |
|--------------------|--------------------------------------------------------------------------------|
| Mon 17/09 | A level Mind-set testing |
| Mon 24/09 | How to target set |
| Mon 01/10 | Academic self-assessment front sheets and target setting |
| Mon 08/10 | Speeding, Seatbelts and Distracting Passengers |
| Mon 15/10 | Texting and Driving |
| Mon 22/10 | Drink Driving |
| Half-term | |
| Mon 05/11 | Driving the morning after |
| Mon 12/11 | Binge Drinking |
| Mon 19/11 | Drug Driving talk in M9 - Drug driving videos as follow-up on Thursday morning |
| Mon 26/11 | Effects of Cannabis |
| Mon 03/12 | Drunk and Disorderly |
| Mon 10/12 | Drink Spiking |
| Mon 17/12 | No PACE topic this week – independent study |
| Christmas Holidays | |
| Mon 07/01 | University Tuition Fees |
| Mon 14/01 | Bedfordshire University – University Life |
| Mon 21/01 | CVs |
| Mon 28/01 | How to choose a university course |

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|-----------------|-----------------------------------------------|
| Mon 04/02 | Apprenticeships talk |
| Mon 11/02 | Bedfordshire University – Open Days |
| Half-term | |
| Mon 25/02 | Taking a Gap Year |
| Mon 04/03 | STI's One |
| Mon 11/03 | STI's Two |
| Mon 18/03 | Sexual Consent |
| Mon 25/03 | Bedfordshire University – Personal Statements |
| Mon 01/04 | Social Media Profiles |
| Easter Holidays | |
| Mon 22/04 | Next Steps Research |
| Mon 29/04 | Anthony Nolan Trust |
| Mon 06/05 | Anxiety / Depression |
| Mon 13/05 | Dacorum Well-Being Team - Mental Health |
| Mon 20/05 | Domestic Abuse Workshop |
| Half-term | |
| Mon 03/06 | Revision for end of Year exams |
| Mon 10/06 | Revision for end of Year exams |
| Mon 17/06 | Revision for end of Year exams |
| Mon 24/06 | Post-Sixth Form Preparation with Miss Dayton |
| Mon 01/07 | Work Experience |
| Mon 08/07 | TBC |

Yours faithfully



Mr P Bryson
Head of Year 12