



# KS3 Bully Busters

Take a stand and lend a hand with the KS3 Bully Busters

The Bully Busters is the name of the KS3 Anti-Bullying team. We are dedicated to helping eradicate bullying in the Hemel Hempstead school and we are using all the resources at hand to achieve this. Several events have already been planned and we are still thinking of new ways to prevent bullying now and throughout many years in the future.

## What is Bullying?

Bullying is the constant repetition of an offensive or unkind act towards a person or group of people. This can be physical, verbal or cyber (online) abuse. Bullying is hurtful, offensive and serious bullying can and has lead children to take their own lives. This is why bullying needs to be stopped today!

## Useful Links

National Bullying Helpline - <http://www.nationalbullyinghelpline.co.uk/>

Think U Know - <https://www.thinkuknow.co.uk/>

ChildLine - <https://www.childline.org.uk/Pages/Home.aspx>

