

Year 7 PE – Invasion Games

Invasion Games	Knowledge, Skills, Understanding
Higher	<p>Pass and receive the ball on the move with control and accuracy.</p> <p>Travel with a ball to beat an active defender.</p> <p>Disguise a form of shot or pass.</p> <p>Play a recognised version of the game, showing tactical awareness of opponents.</p> <p>Exert influence on the game in defence or attack.</p> <p>Make statements regarding their own/other's performance which suggests basic reasons behind strengths/weaknesses (i.e. why good or bad).</p> <p>Complete a personal warm-up which is activity-specific.</p>
Intermediate	<p>Change direction and speed whilst dribbling the ball.</p> <p>Demonstrate a range of passes from a stationary position.</p> <p>Travel with the ball to beat a passive defender.</p> <p>Travel with the ball to shoot at goal.</p> <p>Effectively play in a competitive possession and score game, although skills may falter under pressure. Prefers others to take control.</p> <p>Make statements regarding their own/other's performance which highlight strengths and weaknesses.</p> <p>Suggest activities which are appropriate to warm-up and cool down and lead their own warm-up, but may not be activity-specific.</p>
Foundation	<p>Run whilst dribbling the ball.</p> <p>Demonstrate a selected pass from a stationary position.</p> <p>Send the ball forwards in the direction of the goal/net/basket/try line in a modified game.</p> <p>Understand the requirements of their participation in a simple possession game, but skills may falter under pressure. Prefers others to take control.</p> <p>Make simple statements regarding the quality of their own/other's performance – statements are judgement based rather than evaluative.</p> <p>Participate in a warm-up led by teacher/peers. Demonstrates warm-up activities. Warm-up is less effective when completed individually.</p>

NB: 'can'= understanding, 'able to'=skills