

The Silver level is followed in year eleven. It includes the same four sections but the time factor changes. The Skill section and Physical Recreation section have to be three and six months minimum (but you choose which is which). You should take the opportunity to ring the changes from Bronze but if you do want to continue the same activity you must be able to show further progress. The Service section is six months.

The Expedition.

At Silver level you must be prepared for a more physically demanding expedition. There will be a practice expedition in mid-October, usually in Derbyshire, which will consist of two training days and then a three-day expedition involving two overnight camps and a route of approximately 50 km. There is a planning day for this, usually on a Sunday in September.

The Qualifying expedition will be in the third week of July and will either be in the Lake District or Snowdonia. As for the practice expedition there will be planning days in May and then two training days on location immediately prior to the actual expedition.